

GRATITUDE REPORT

YEAR 2023



Help A
Diabetic
Child™

OUR MISSION

Help A Diabetic Child (HADC) strives to **ease the burden** for children and young adults who struggle financially and emotionally while living with diabetes.

THANK YOU!



We invite you to join Help A Diabetic Child (HADC) in celebrating another year of accomplishments. It is your support that enables us to continue the important work of helping underserved children and young adults get their life-saving insulin, diabetes medical supplies & services which include endocrinology and emotional support visits.

Over the past 11 years we are so deeply grateful to have seen so many of you invest in the lives of children and young adults who could have not otherwise received the diabetes care they needed. You have personally put them in a better position to improve their lives, their health, and their happiness.

A diabetes diagnosis remains an unfortunate event and it comes with so many challenges. Having each and every one of you as part of our journey has been a blessing that we hold close to our hearts and will always cherish.

Thank you from the Balavage family! Tami, Joe, Kristi and Michael.





Tami Balavage

*Thank
You*

HADC TEAM



Joe Balavage



Leo Decker



Julia Reisman



Sam Patel



Deirdre Richardson

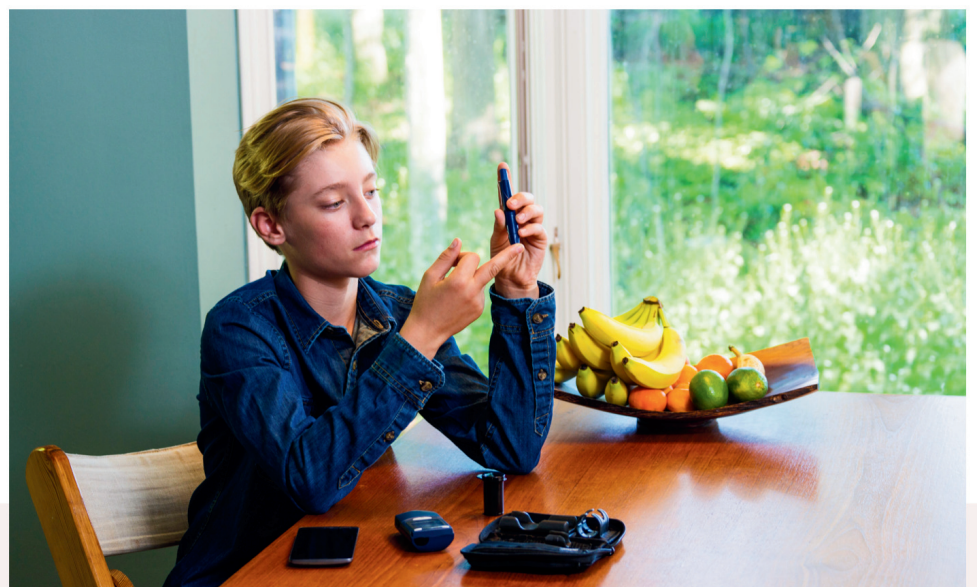


Michele Connors

What are the types of diabetes?

Type 1 Diabetes

Type 1 Diabetes is the result of the body not producing insulin on its own. Taking insulin is necessary for survival, to move glucose from the bloodstream into the body's cells.



Type 2 Diabetes

Type 2 Diabetes is an impairment in the way the body regulates and uses sugar as a fuel; even though insulin is produced naturally, the body's cells have stopped responding well to it.

SIGNS & SYMPTOMS OF T1D

Weakness or fatigue

Extreme thirst

Frequent urination

Blurred vision

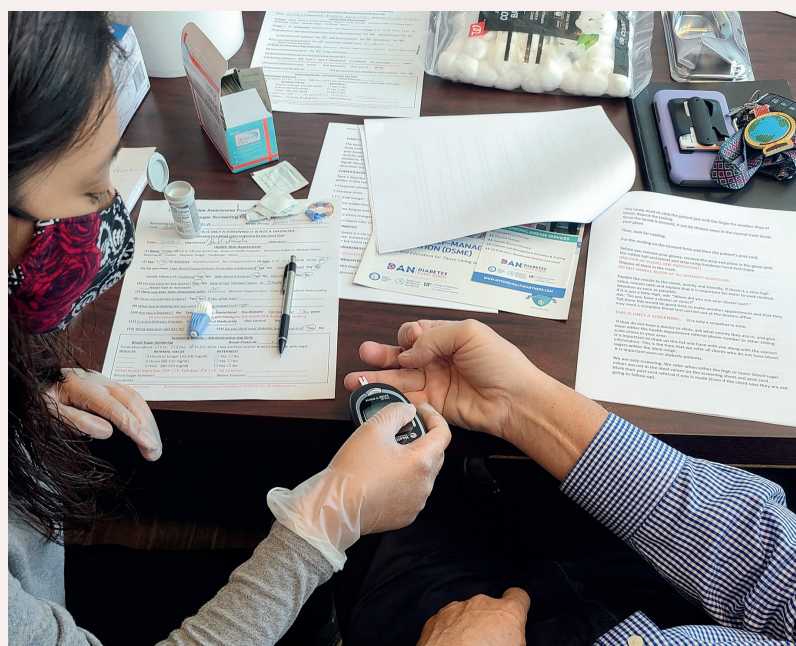
Weightloss

Fruity breath

Tingling/numbness in feet

Understanding the signs & symptoms of Type 1 Diabetes (T1D) could save your life! Knowledge is our first defense for combating this disease. If you or a loved one experiences weakness or fatigue, extreme thirst, frequent urination, blurred vision, weight loss, fruity breath, or tingling/numbness in feet, get it checked immediately. It may not be the flu or a cold!

Help A Diabetic Child (HADC) working & serving our communities!



**All children need is a little
help, a little hope, and
somebody who believes
in them.**

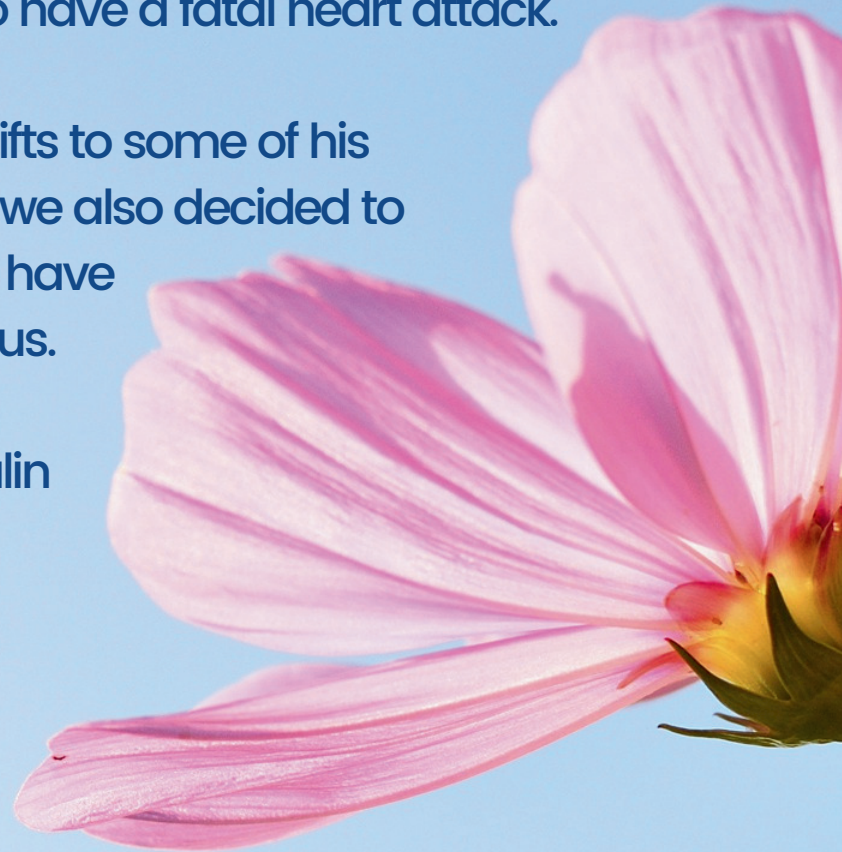


“Hi, Tami. My friend and I found your organization and I'd like to make a donation in honor of her son.

My friend's son passed away seven years ago at the age of 32 because he had a seizure related to his type one diabetes. He was home alone, and he fell face forward onto his bed and began suffocating and that caused him to have a fatal heart attack.

Every year on his birthday I make gifts to some of his favorite organizations but this year we also decided to guess where my friend's son might have made donations if he was still with us.

We know he would have loved an organization that provides free insulin to those in need. Sadly, not many of these critical organizations exist. You are doing amazing work and I wish we had more funds to give. Thank you for your important work. You are saving lives.”



This is a sad ending to a beautiful life because of type 1 diabetes. Thank you to everyone who supports our HADC mission which allows us to help individuals like this young man before it is too late!

We believe no one should die because they cannot afford their insulin!



**Help A
Diabetic
Child™**



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Child™

A cause before the cure.

Tami,

I would like to request diabetes supplies for my students. I am a school nurse with Lee County. I currently work at two schools. I am in need of whatever supplies you can send including if possible: monitors with test strips, lancets, ketones strips, alcohol pads, glucose tablets, pen needles for insulin injections etc. I currently have a total of 10 diabetic students for both schools who can really use your help.

Thank you!

Misty - School Nurse

Thank you so much for the generous donation of diabetes medical supplies. We are seeing an increased number of uninsured patients and are running low on our diabetes medical supplies and these supplies will make a real difference for our homeless and uninsured patients!

Meredith BSN, RN
Diabetes Educator

You can call and apply for assistance for diabetes medical supplies for your student and join this wonderful organization called Help A Diabetic Child (HADC) and get more for information and support. As a newly diagnosed Type I diabetes (T1D) student, treating and monitoring can be overwhelming and ordering medical supplies can also be a hefty task and very expensive.

We are opening a new High School in Collier County this year and could really use some diabetes medical supplies since they will have several students with type 1 diabetes and I would like for our school clinics to have extra glucometers, glucose tablets, ketone strips, and lancets for our underserved students.

*Thank
you!*

IMPROVING HEALTH OUTCOMES

Help A Diabetic Child (HADC) working with Abbott Labs and the University of Florida Pediatric Endocrinology Team have provided over 2,600 continuous glucose monitors (CGM)'s sensors to underserved and uninsured children and young adults across the state of Florida.

We feel it is important for children and young adults who live with diabetes to have access to a CGM.

What are the benefits of a continuous glucose monitor?

Compared with a standard blood glucose meter, using a CGM can help you

- better manage your glucose levels every day
- have fewer low blood glucose emergencies
- need fewer finger sticks

The CGM will create an alert and might display a graphic that shows whether your glucose level is rising or dropping—and how quickly—so you can choose the best way to reach your target range.

Over time, keeping your glucose levels in the healthy range can help you stay well and prevent diabetes complications. The people who benefit the most from a CGM are those who use it every day or nearly every day.

Reduced hospitalizations with the CGM - FreeStyle Libre System. After 12 months on the FreeStyle Libre system, patients experienced a 66% reduction in diabetes related hospital admissions.

Though diabetes lancets are designed to make the process as efficient as possible, piercing the skin is understandably painful and may lead some diabetics to avoid testing as often as they should. However, knowing your current blood glucose levels is essential to managing diabetes and preventing serious complications.

Without the CGM a child will prick their fingers to draw blood a minimum of 2,190 times each year to test their glucose levels.





**Help A
Diabetic
Child™**

**We are proud to announce our May 2023 opening of
HADC's Diabetes Resource & Advocacy Center
2800 Davis Blvd. Unit 107 Naples, FL 34104**

**Our headquarters allows HADC to assist more children and
young adults across the state of Florida and beyond.**

**Our new "T1D Connections" Program offers
continuous & positive engagement
knowledge & experience sharing
awareness & support!
FRIENDSHIPS!**

CONNECT WITH YOUR T1D COMMUNITY

**Social support improves blood sugar control, stress levels,
mental health and overall quality of life.**



THANK YOU!

Abbott Labs

AdventHealth

ADW Diabetes

Brooks and Joan Fortune Family Foundation

Carenow Pharmacy

Carol B. Phelon Foundation

Claire Friedlander Family Foundation

Collier Community Foundation

Core Health Partners (CHP)

Jeep Beach, Inc. Volusia County

Richard and Trish DeSousa

Insulin for Life USA (IFL)

Knights of Columbus Volusia County

Lowell and Nancy Lohman

Edward and Kathleen Ludwig

Don Montroy - Allied Paver Systems

Naples Lions Club (NLC)

Reisman Charitable Trust

Richard M. Schulze Family Foundation

St. Paul's Episcopal Church of Naples

The Jack Parker Corporation

The Jane Parker Foundation

The Lucas Cup Foundation

The Olde Naples Insurance Company

University of Florida UF Department of Pediatrics

United Way of Collier and the Keys

United Way of Volusia/Flagler

von Arx Family Foundation

Weny Charitable Trust - in memory of Roger Ludwig

The Office of Nila Mohibi, financial advisor with Edward Jones





Thank you for supporting HADC and for putting a smile on Rodrigo's face!



Rodrigo diagnosed with type 1 diabetes (T1D) at the age of one is so excited to receive his diabetes medical supplies provided by Help A Diabetic Child (HADC)



Children with diabetes have a higher risk of depression.

Depression is estimated to affect one in four people with diabetes. Adolescents with type 1 diabetes (T1D) have five times the rate of depression than adolescents who do not have T1D.

Diabetes can be exhausting and overwhelming. This can cause long periods of feeling low. As many as 40% of people with diabetes said they have struggled with their psychological wellbeing since being diagnosed.

Average price per vial across all types of insulin:

- United States: \$98.70
- Japan: \$14.40
- Canada: \$12.00
- Germany: \$11.00
- France: \$9.08
- UK: \$7.52
- Australia: \$6.94



Insulin is 7 - 10 times more expensive in the U.S. compared with other countries around the world. The same vial of insulin that cost \$21 in the U.S. back in 1996 now costs upward of \$250 today. But it takes only an estimated \$2 to \$4 to produce a vial of insulin.

A huge thank you to all of you who supported children and young adults who couldn't afford their insulin. HADC has purchased hundreds of thousands of units of insulin for those who were in most need.



A person who lives with type 1 diabetes (T1D) will give themselves a minimum of 4 -5 insulin shots each day - 1,460 insulin shots each year.

HADC does not want to see anyone who lives with diabetes, especially type 1 diabetes struggle, to get their necessary medical supplies and insulin needed to live. HADC has purchased hundreds of thousands of test strips, lancets, syringes, meters, pen needles and other diabetes supplies along with thousands of units of insulin & glucagon for for children & young adults in most need.



Celebrating a Night of Possibilities

Our annual dinner is held each November
in recognition of
National Diabetes Awareness Month.

At HADC we believe that anything is possible for
children and young adults who live with diabetes.

Proper care of diabetes helps children and young
adults stay in school, play sports, keep their grades up,
participate in social activities, keep a job, and live as
happy and healthy a life as possible.

Thank you for supporting HADC's mission to help
children, families and young adults during the most
difficult times in their lives.

We look forward to having you join us November 2024!



Thank
you



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**HADC Resource & Advocacy Center
2800 Davis Blvd. #107
Naples, FL 34104**

**To learn more:
helpadiabeticchild.org**

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